



This Week at Your Y!

Weekly YMCA Northumberland Association Update

For the week of June 7 to 13, 2010

Welcome to **This Week at Your Y!**

This communication piece is meant as a way for all our staff, volunteers, members and our community to keep connected and up-to-date with activities and planning taking place around our association on a weekly basis.

Another great AGM was marked at our YMCA in May with celebrations of our volunteers and staff and special awards. Over the next few weeks I will profile our major award winners and share their dedication and commitment to our YMCA.

Rolph Family Spirit of Giving Award

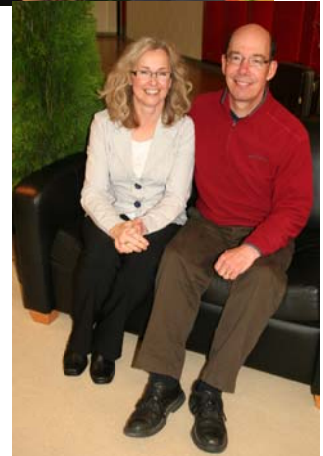
2010 Recipients - Yvonne & Greg Kay

Yvonne and Greg Kay exemplify our YMCA values of caring, respect, responsibility, honesty, health and citizenship. They quietly give so much to our YMCA and to the community; always there for people, always giving of their time and talents. They are both very thoughtful people who carefully consider what they are doing and we feel so blessed and honoured that they make the YMCA part of their lives not only for their health and recreation but also for their philanthropy and their time as volunteers.

Greg was our Board Chair in the 1990s. Greg's solid leadership and grace got us through many changes and challenges and he helped shape the leadership to come. On a professional level, Greg has always given thorough and insightful legal advice to our YMCA without ever asking for anything in return and he always takes the time to really talk issues out and understand not only the facts, but the people and faces behind every piece. Greg is always willing to volunteer when needed and attends and generously sponsors events to support our YMCA Strong Kids and International program.

Yvonne first became involved in 1999 when she and Greg volunteered as members of our YMCA international team spending many days at the Trenton Mountainview Airbase processing refugees from Kosovo. This led Yvonne to join our International Committee and then our Board of Directors 5 years ago. Yvonne is passionate about International issues and our work with youth and our partner, the YMCA of Nicaragua. Yvonne took her commitment to a new level 4 years ago and travelled to Nicaragua to be a member of our monitoring and evaluation team for our CIDA funding (Canadian International Development Agency). Yvonne's perspective, observations and care were invaluable to the team. Yvonne always gives of her time in so many ways from hosting Nicaraguan YMCA guests, planning events and facilitating evaluations to standing in the hot sun at the Farmer's Market selling raffle tickets for our Camp Chairs for Camp Kids fundraiser!

They have also been excellent role models for their children leading Elizabeth and Konrad to be youth staff and volunteers in their high school years. Yvonne and Greg are always there for our YMCA, offering advice, always giving, always caring, always committed, always striving to make us better. ~ Happy



Association • CEO's Office-Kyle Barber

Hi everyone!

- During the past few weeks we have been developing plans for summer upgrades to our Cobourg YMCA facility. Although we continue to seek funding for a new YMCA, it is clear that our current building is in excellent condition and must be kept in full functional mode. A Facility Development Committee had its inaugural meeting in late May and has prioritized some projects. We are currently planning refurbishment projects for air handling, steam rooms, pool and whirlpool. Watch for postings as we develop timelines for completion.
- We have had much progress on the purchase of the upper parking lot. The land is surveyed, severed and awaiting final registration prior to our closing of the deal later this month.
- I will be attending senior YMCA Management meetings in Toronto this week on Thursday and Friday and will return on Saturday in time to don my red high heels for the "Walk a Mile in Her Shoes" event for the Northumberland Services for Women!

Have a great week! ~ Kyle

Association Services ~ Mike Bunn

Human Services

- As of June 11th pay YMCA Northumberland has increased its staff compliment by 22 volleyball coaches
- All funding information is in-we received approval for a total of 23 \$2.00 wage subsidy positions for our summer employment needs. ~ Lynne

Development

- The goal for our YMCA Strong Kids Campaign 2010 is \$75,000.00. So far we have raised \$27,021.00-enough to help 28 families participate at our YMCA with access to recreation and healthy programs for a year!
- REMEMBER - You can donate any time from the comfort of your home computer at www.ymcastrongkids.ca and help our local YMCA directly with ensuring more kids in our community are active and healthy, as well as their families, and people of all ages from all walks of life right here in Northumberland.
- Watch for our Camp Chairs for Camp kids raffle - I hope to have the chairs out on display next week and raffle tickets at the ready-just waiting for the last few chairs to come in!

~ Happy

Communications

Thanks to Vandermeer Toyota-Our Sponsor of the Week!

- The staff, members and volunteers of YMCA Northumberland would like to thank Hank Vandermeer of Vandermeer Toyota for his generous support of our YMCA Strong Kids Golf Tournament, coming up on July 8 at Timber Ridge Golf Course in Brighton. For a second straight year, Vandermeer Toyota has offered their support in the form of a Major Sponsorship-a very significant contribution to our campaign.

Vandermeer Toyota started in 1988 with 5 employees and today has grown to 24. Many of the staff have worked there for over 10 years, meaning that they have extensive knowledge and experience with Toyota vehicles. They sell about 600 new and used Toyota's a year and service close to 3,000! The dealership also features a Toyota Touch vehicle detailing department. Since 1988, Vandermeer Toyota has sold 5,000 Toyota's in Northumberland County and has earned a number of Toyota President Pride Awards and Toyota Awards of Excellence.

Hank and his family have been involved with the Cobourg YMCA for many years. Hank was a member of our Campaign Team for our 1999 facility expansion giving of his time and financially to the campaign. His three daughters have all participated in swimming lessons and progressed into competitions. The very definition of a community leader, Vandermeer Toyota also regularly supports other great organizations such as:

- Luminary Sponsor for Relay for Life
- Northumberland Hills Hospital Foundation
- Northumberland Big Sisters Big Brothers
- Port Hope and District Health Care Foundation
- Hospice of Northumberland
- Community Care
- Northumberland United Way
- Fare Share Food Bank
- Children's Wish Foundation
- O.P.P., Community Policing Golf Tournament & Cobourg Police Services
- Horizons of Friendship
- Waumer Walk for ALS
- Terry Fox Run
- MS Society
- The Salvation Army
- Lions Club of Cobourg
- Rotary Club of Cobourg and Northumberland Sunrise Rotary Club
- Local church groups, schools and sports organizations ~ Jason

International Program

- On May 29th we hosted our annual Women Para Mujeres fundraising dinner. Once again we had great support from the community as all tickets were sold out. We raised over \$4,200 for our partners in Nicaragua. We also raised an additional \$630 to purchase chickens, pigs and roosters to help the women of St. Lucia and Boaco to support themselves, their families and their communities. Thanks to all our volunteer servers, helpers and organizers. Once again our dinner was amazing thanks to the contributions of our International Committee and the Women Para Mujeres group who took care of organizing and providing all the food. Thanks also to Trinity United Church for the use of their great space. Special thanks to our Youth Exchange Students for their help with serving, cleaning, setting up and doing kitchen duty – they did an amazing job. This year, Jenna Short and Rémi Mireault shared their stories about how our exchange program has changed their views of themselves, Nicaragua and the world around them. It was great to hear them both speak from their hearts. Sergio Quesada and Linda Robertson also deserve a special thank you for their beautiful salsa and latin dancing, which encouraged others to join in the fun.



- We'd like to remind you that our Nicaraguan exchange students arrive on June 25th and will be here until July 10th. We are looking forward to seeing them and hopefully connecting them with some other YMCA's along the 401 corridor between Cobourg and Montreal. Recently we held a meeting with the CEOs, some staff and volunteers of these YMCAs and they are all excited to partner with us to help our commitment and contributions to the YMCA in Nicaragua. We are thrilled to have other YMCA's wanting to join resources to strengthen our Nicaraguan partnership. We will keep you posted about how these new opportunities develop over time. ~ *Arlene Howells, Volunteer*

Volunteer Development

- This is the time of year when we say good bye to our high school co-op students who have been here for their placements since January. Please be sure to drop into the Children's Centre weekday mornings to find Matt Hunt from St. Mary's Secondary School and look for Jesse Randall from CDCI West in the gym with youth and school programs in the afternoons, and say thank you to them for their time and efforts. Matt and Jesse will have completed their placements by June 18 and we have really enjoyed having them here as a part of our team. Matt will be going on to post-secondary school in 2012 pursuing an education in the Youth and Child Worker field and Jesse is planning on a career in Health, Fitness and Recreation. We wish both of them good luck!
- If you are interested in joining our terrific team of volunteers, please contact me, Nancy Little - nlittle@ymcanorthumberland.com or 905.372.9247x313. ~ *Nancy*

Asset Management ~ *Keith*

Cobourg YMCA Membership

- Membership is at 3663 as of June 10th.
- Summer session Aquatics information will be available June 11th with Member sign-up starting on Sunday June 13th and Non-member sign-up starting on Thursday June 17th. ~ *Lynne*

Adult Programs

- This is the last week for the Individual Conditioning 2 Program.
- Next Wednesday, June 16, from 5:00-10:00pm, there will be a Group Resistance Training/Core Stretch and Strength Workshop. Any current instructors or instructor candidates from this year's course are welcome to attend. Please contact Leslie if you plan to join us. ~ *Leslie & Mette*

Youth Development

- Health Kids Day went well on Monday. Many parents and children were happy to gain knowledge on healthy food and lifestyle choices as well as taking home some free gifts.
- Crazy Sports was busy playing group games and sports in one half of the gym this week while tots tumbled and rolled on gymnastics equipment on the other side for Gym Dandy.
- On Tuesday students from St. Mary's high school came in to learn some aqua fitness moves in the pool.
- Weather permitting, the Northumberland Christian School will be playing games in the fields and forest this week.
- Remember our summer hours are now in effect and the Y will be closing earlier on the weekends—check the website or current schedules.
- Camp season is just around the corner. Saturday we had some Sun Rangers campers out under the tents to find out what camp is all about. This Saturday any Valour Vikings have the chance to try ti out and the following Saturday we will show our Rune Scholars what Wunjo is all about. We really encourage everyone to come out and help us launch summer 2010! ~ *Joel & Oona*

Aquatics

- The Aquatics Team Leaders have been hired for the summer. Callum Mireault, Whitney Fraser, Jill Smith and Erin Gill will be this summer's Team Leaders. Stephanie Dejong has accepted the position of Seasonal Indoor Aquatics Supervisor.
- The Team leaders are meeting this week to set the schedule for summer staff training.
- Pool inspections by the HKPR Health Unit take place at Centennial Pool in Cobourg on Thursday and Trent Hills pool on Friday.
- Jason, Joel and Keith are working hard in the pool towards attaining their Bronze Medallion and Bronze Cross Certifications. ~ Shannon

Brighton YMCA Membership & Programs

- Membership is at 466 this week.
- We send a mail out to all our Brighton YMCA members this week as follows:
To all our Brighton YMCA Members: Six months ago a Task Force was launched to "study the economics of the current services and make recommendations to the YMCA Northumberland Board of Directors as to how best to mitigate losses." That group consisted of Jim Douglas, Michael Calderwood, Cathy Hewton and Brighton Councillor, Emily Rowley. We met the goals and objectives laid out in the Terms of Reference and have secured the commitment that the Brighton YMCA will remain open at least until the lease expires in 2013.

A new Brighton Membership Enhancement Committee has now been launched to assist with the goal of increasing membership, increasing the awareness of YMCA services and fundraising through groups and individuals. The members of the original task force will consider staying on and will be joined by Anne Gear and Eunice Kirkpatrick. We are looking for at least two more members to join the committee. If you have specific skills related to marketing and/or fundraising and are committed to keep the Brighton YMCA in Brighton, we'd love to hear from you. We are also looking for people who are connected with the wider Brighton community, those who have a passion and desire to see our Y grow. We are looking for people who can help promote and spread the vision of how the Y benefits us all. Please leave your name and a brief statement explaining your interest in joining this committee with Anne Gear at Member Services. Please encourage all members to leave their e-mail address with Member Services so everyone can receive current information about Your Y!

- Anne will be taking an Urban Pole Walking Certification Course this weekend.
- Our fitness staff and volunteers are recovering this week from a fun-filled weekend at Fitness Fever. Lots of learning and mingling with other fitness instructors, staff and volunteers from other YMCAs in Ontario-what a great way to spend a weekend!
- Anne will be teaching the Choreography component of the Group Fitness training this weekend.
~ Anne

Children's YMCA • YMCA Ontario Early Years & YMCA Child Care

~ Linda